

My Adventure

A 2019-20 Enatai Eagle Academic Adventure

Name _____

Teacher _____

Grade _____

Congratulations on choosing to try something new or to get better at something that you already do!

You can choose anything from school, home, or after-school activities. Make your plan, stick with it, learn from your mistakes and celebrate your progress. Work towards your goal in your free time. It's ok to ask trusted adults for help.

How to participate in this adventure

STEP 1 – CHOOSE

Pick something you will stick with for at least 12 weeks. Not sure what to do? You could choose something like:

- Improve reading levels
- Learn the times tables
- Learn to play an instrument
- Improve your PE pacer test
- Volunteer at school or in your community
- Do household chores without being told
- Cook meals with an adult
- Reduce, reuse, recycle more
- Improve at a sport
- Create art
- Ask your teachers or adults at home for ideas
- *Your very own idea*

STEP 2 – PLAN AND DO

Record your plan and your progress on the following pages.

- Plan how to reach your goal on the back of this sheet
- Make a list of people who can help you
- Set dates to work on your chosen activity
- Plan what you will do on those dates
- Show up on time
- Try your best every time
- Learn from mistakes and keep trying
- Celebrate when you get something right

STEP 3 – CELEBRATE

Reflect on your 12-week journey and celebrate your progress by designing your sticker for this adventure.

- Fill out the last page of this packet
- Turn in your packet in the office by May 15
- Your sticker will be awarded to you on the day of the Year End Assembly in June

Every Eagle who wants to fly must commit to try, try, try.



PLAN

Use this template to help think about a specific thing you'd like to accomplish by a certain date. Talk with a trusted adult at school or home if you need help.

SMART Goals are	Think about the directions in this column	Write (or have an adult help you write) your answers in this column. You can use other sheets of paper if you need more room.
Specific	What EXACTLY do I want to happen	
Measurable	I will know I have reached my goal when....	
Attainable	With hard work, is it possible to reach this goal by the deadline of 12 weeks?	
Realistic and Relevant	My goal is important enough for me to put a plan into action. These are the things I plan to do to help me learn, improve, and/or try.	
Time-Bound	I hope to reach my goal by this date:	
Who can help me learn?	List the people who know how to do what I want to do and will help me learn.	
Who can help me stick with this?	List the people who can help me stick to my goals if I get frustrated or discouraged. Who will celebrate with me?	



“You miss 100% of the shots you don’t take.”
-Wayne Gretzky

Put Your Plan in Action

Weeks One to Four

Mark the days you did something towards your goal.

Week Number	Sun	Mon	Tue	Wed	Thu	Fri	Sat
1							
2							
3							
4							

In this space, write or draw one thing that was hard over these four weeks. Tell/show what you did to keep going and try again. You can use more paper if you need to.

“Our greatest glory is not in never failing, but in rising every time we fail.”
- Confucius



Put Your Plan in Action

Weeks Five to Eight

Mark the days you did something towards your goal.

Week Number	Sun	Mon	Tue	Wed	Thu	Fri	Sat
5							
6							
7							
8							

In this space, write or draw one thing that was easy over these four weeks. Is there something you can do in the next four weeks to make it more challenging? If nothing was easy, draw a picture or write the name of someone who is helping you to stick with your goal. You can use more paper if you need to.



“I don’t believe in failure. It is not failure if you enjoyed the process.”
-Oprah Winfrey

Put Your Plan in Action

Weeks Nine to Twelve

Mark the days you did something towards your goal.

Week Number	Sun	Mon	Tue	Wed	Thu	Fri	Sat
9							
10							
11							
12							

In this space, write or draw how you feel about finishing this adventure. Are you happy with the results? Would you like to keep going to get better? You can use more paper if you need to.

“I’ve missed more than 9000 shots in my career. I’ve lost almost 300 games. 26 times, I’ve been trusted to take the game winning shot and missed. I’ve failed over and over and over again in my life. And that is why I succeed.”
-Michael Jordan



Congrats!



My Name is _____
and I'm celebrating my persistence and perseverance

Congratulations on focusing your adventure and sticking with it even when it was hard. Celebrate your adventure by designing your own sticker. Use the circles below to practice your design. *Put an X under the one that you would like printed – one design per student will be printed.*

Turn in this packet by May 15 to the Office.

Your sticker will be delivered to your classroom the day of the June Assembly.

